

The Big Decision

- Student:** Can I talk to you about a decision I am struggling with? It is personal and I am a little nervous bringing it up.
- Trusted Adult:** Of course you can talk to me and please do not be nervous, we can talk about anything.
- Student:** I have been in this relationship for a while and I have strong feelings for this person. We have been talking about having sex, but I am wondering if I am ready.
- Trusted Adult:** Wow that is a big decision. I am glad we can talk it out. There are many things to consider before you make this decision. Let's talk about the benefits and risks. What would be a risk?
- Student:** An unplanned pregnancy or a non-curable STD could change our lives forever.
- Trusted Adult:** That is a good point, what would be a benefit?
- Student:** We are committed to each other and having sex will bring us closer.
- Trusted Adult:** Having sex may bring you closer but, if you are not ready, it could cause problems in your relationship.
- Student:** I don't really want to, but am afraid I will be dumped if I don't.
- Trusted Adult:** If somebody really cares about you, they are not going to make you do something you don't want to do.