



LUNG WORKSHEET

(word bank on back)

1. Our _____ system is made up of organs and tissues that keep us breathing. This system is made up of our _____, _____ vessels, _____, and _____.
2. Healthy lungs are _____ and squishy like a sponge and _____ or rubbery like a balloon.
3. Our lungs are divided into sections called _____.
4. The _____ lung is smaller to allow extra room for the _____.
5. The primary job of our respiratory system is to breathe in fresh air or _____ and get rid of stale air or _____.
6. The process of breathing happens approximately _____ times a day!
7. The airways are your _____, mouth, _____ (voice box), _____ (windpipe) and the _____ tubes.
8. _____ move back and forth like a broom to keep fluids or dust out of your lungs.
9. The _____ is a dome shaped muscle located below your lungs.
10. Things that can hurt our lungs and cause breathing difficulties include:

_____	_____
_____	_____
_____	_____

11. Things you can choose to do to help keep your lungs healthy:

_____	_____
_____	_____

Word Bank

Avoid Allergens	Heart	Carbon Dioxide	Cilia	Lobes
Diaphragm	Infection	Respiratory	Larynx	Asthma
Pollution	Lungs	Trachea	Blood	Wash Hands
Don't Smoke	Nose	Bronchus	Airways	20,000
Left	Pink	Oxygen	Allergies	Muscles
Smoking	Stretchy	Vaping	Exercise	