



# LUNG WORKSHEET

(word bank on back)

1. Our \_\_\_\_\_ system is made up of organs and tissues that keep us breathing. This system is made up of our \_\_\_\_\_, \_\_\_\_\_ vessels, \_\_\_\_\_, and \_\_\_\_\_.
2. Healthy lungs are \_\_\_\_\_ and squishy like a sponge and \_\_\_\_\_ or rubbery like a balloon.
3. Our lungs are divided into sections called \_\_\_\_\_.
4. The \_\_\_\_\_ lung is smaller to allow extra room for the \_\_\_\_\_.
5. The primary job of our respiratory system is to breathe in fresh air or \_\_\_\_\_ and get rid of stale air or \_\_\_\_\_.
6. The process of breathing happens approximately \_\_\_\_\_ times a day!
7. The airways are your \_\_\_\_\_, mouth, \_\_\_\_\_ (voice box), \_\_\_\_\_ (windpipe) and the \_\_\_\_\_ tubes.
8. \_\_\_\_\_ move back and forth like a broom to keep fluids or dust out of your lungs.
9. The \_\_\_\_\_ is a dome shaped muscle located below your lungs.

10. Things that can hurt our lungs and cause breathing difficulties include:

_____	_____
_____	_____
_____	_____

11. Things you can choose to do to help keep your lungs healthy:

_____	_____
_____	_____

## Word Bank

<b>Avoid Allergens</b>	<b>Heart</b>	<b>Carbon Dioxide</b>	<b>Cilia</b>	<b>Lobes</b>
<b>Diaphragm</b>	<b>Infection</b>	<b>Respiratory</b>	<b>Larynx</b>	<b>Asthma</b>
<b>Pollution</b>	<b>Lungs</b>	<b>Trachea</b>	<b>Blood</b>	<b>Wash Hands</b>
<b>Don't Smoke</b>	<b>Nose</b>	<b>Bronchus</b>	<b>Airways</b>	<b>20,000</b>
<b>Left</b>	<b>Pink</b>	<b>Oxygen</b>	<b>Allergies</b>	<b>Muscles</b>
<b>Smoking</b>	<b>Stretchy</b>	<b>Vaping</b>	<b>Exercise</b>	